



The Chapter-Link

January 2023

1170 Old Henderson Rd, Suite 221
Columbus, OH 43220
614-273-2572
or toll free
866-273-2572
www.alsohio.org

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*Wishing you
and your family
health & happiness
throughout
the new year*



Time to Make a New Year's Resolution

- Register for the National ALS Registry at <https://www.cdc.gov/als/Default.html> and complete the 17 surveys.
- Update your health care power of attorney and living will.
- Become a regular support group attendee. The Central & Southern Ohio Chapter has both in-person and virtual group options. (see pages 10 and 11 of this newsletter for a support group in your area)
- Participate in NEALS (Northeast ALS Consortium) and ALS Association webinars.
 - NEALS- <https://www.neals.org/for-people-with-als-caregivers/educational-webinars/>
 - ALSA- <https://www.als.org/navigating-als/resources/care-services-webinars>
- Check out some helpful blog or networking sites:
 - Official Blog of The ALS Association** at <https://www.als.org/blog>
 - Patients Like Me** at <https://www.patientslikeme.com/conditions/als>
 - ALS news and forums** at <https://alsnewstoday.com/>
 - ALSUntangled** at <https://www.alsuntangled.com/>
- Organize a Walk team for The 2023 ALS Association Walk to Defeat ALS. See page 7 of this newsletter for important information regarding 2022 Walk dates as well and other Chapter events taking place throughout the year.
- Sponsor a Community Partner (DIY) event to raise funds for your Walk team or the Chapter.
- Become an ALS Advocate. Register at <https://als.quorum.us/register/> and help us pass ALS-focused legislation and keep research projects funded. Once you sign up, you'll receive emails to take action – and with a single click of the mouse send your letter of support to your federal legislators.
- Consider a clinical trial - <https://www.als.org/research/clinical-trials-for-patients>.
- Prevent falls - make your home more accessible. Ask us for ideas.
- Plan a handicap-accessible van road trip. Go to <https://www.als.org/blog/helpful-tips-traveling-als> for travel recommendations and tips.
- Contact your care services coordinator monthly; we want to know how you are doing and how we can help.

Highlights:

General News	2
Updates	3
Chapter Events	5
Remembering	8
For Sale	9
Support Groups	10-11
Reminders	12

Here is a Fantastic and Free Way for pALS to get Technical Help with your Speech Devices or with Voice and Message Banking

Please find the website here with information about the opportunities we have available for pALS in the area: <https://cahs.uc.edu/about/departments-schools/communication-sciences-and-disorders/speech-and-hearing-clinic/pals.html>

In addition, if there are pALS who would like some virtual tech support, they can email me to get the sign-up link (this has dates through the middle of December) or you are welcome to share it with them as well: <https://www.signupgenius.com/go/10C094DAEAE2CA2F9CE9-pals1>

Quality of Life Reimbursement Grant

Reimbursement requests will be taken until January 14, 2023, or until Grant funds are depleted. This year the Chapter can reimburse individuals who qualify for our Chapter **Quality of Life Reimbursement Grant** up to \$1,200 acceptable expenses.

For more information, or to apply for the grant. Please call or email care services coordinator Carleen Hubbell. She can be reached at 614.273.2572 extension 110, or chubbell@alsohio.org You can also find the **Chapter Quality of Life Reimbursement Grant Application** on the Chapter Website at: [Chapter Quality of Life Reimbursement Grant](#)

Chapter Link Survey Update

Thank you to everyone who has taken our survey about the Chapter Link newsletter!

In the next couple of months, we'll be tabulating and analyzing the results. We will use your feedback to make improvements to our newsletter and other communications to give you the information you want, how you want it, and when you want it. We hope to share insights and plans with you sometime after the first of the year.

UPDATES

VA Approves Access to RELYVRIO for Veterans Living with ALS

The United States Department of Veterans Affairs has made RELYVRIO available for the treatment of ALS for veterans who are living with the disease who receive care at VA clinics or ALS specialists, becoming one of the first health care payers or insurers to provide access to the drug. RELYVRIO's inclusion on the VA National Formulary as a third tier drug comes after The ALS Association [urged](#) the VA, Medicare and [other health care payers](#) to provide coverage without exclusion

RELYVRIO, [known as AMX0035](#) when it was undergoing clinical trials, was [approved](#) by the United States Food and Drug Administration in September. As soon as the FDA approval was achieved, the ALS Association launched its campaign to convince public and private insurers to [include the drug](#) on their formulary without restriction.

When FDA approves a drug, it also establishes guidelines on who should be able to access the drug and under what circumstances – a process commonly known as labeling. When the FDA approved RELYVRIO for the treatment of ALS it did so for treatment of all adults without exclusion. Unfortunately, health care payers are [not required](#) to follow the FDA label and may establish other criteria for who is eligible.

To ensure that all adults with ALS have access to RELYVRIO, The ALS Association strongly advocated with the VA, Medicare and more than 30 insurance companies to:

- Provide immediate coverage for RELYVRIO that is consistent with the FDA approved indication and labeling, including in combination where appropriate.
- Avoid unnecessary delays in access to RELYVRIO caused by prior authorization, fail first/step therapy, or other barriers to access.

In the coming months we will continue to fight to make sure all adults living with ALS have access to approved treatments.

2022 Results for Veterans

In addition to directly funding ALS research programs, our 2022 advocacy efforts resulted in additional federal funding and support of veteran-related ALS initiatives:

- Congress [provided](#) \$40 million for the ALS Research Program at the Department of Defense and maintained \$10 million for the ALS Registry and Biorepository. NIH funding was boosted to \$115 million.
- We [led a fight](#) to increase support for The Justice for ALS Veterans Act. The bill would make sure spouses of veterans who lose their battle with ALS are not denied access to survival benefits they are owed.

UPDATES

ALS Association Public Comments on NIH 2022 Draft ALS Strategic Plan

The ALS Association recently filed comments with the National Institute of Health (NIH) to provide the National Advisory Neurological Disorders and Stroke Council and their Council Working Group with constructive feedback on the development of the NINDS 2022 Draft ALS Strategic Plan. You can see the draft plan at <https://bit.ly/NINDS2022DraftALSStrategicPlan>.

We encourage NIH to keep people living with ALS central in development of their strategic plan. We would like them to focus on funding research and studies that offer meaningful outcomes and improve the quality of care for people living with ALS with deliberate speed and efficiency.

This plan, which was included in the ACT for ALS, intends to maximize the discovery of ways to diagnose, treat, prevent, and eventually cure ALS. It has the potential to help transform ALS science and care, and help make ALS a livable disease. To maximize the transformative potential of NIH research in ALS,

We laid out general principles beyond research priorities to emphasize the need to focus on quality of care, how care is delivered.

- Consider the timeliness of research efforts with the timescales of people living with ALS.
- Consider the workforce and infrastructure issues that underline ALS science that maximize speed, access and efficiency.
- Focus research spending that offers meaningful improvements for people living with ALS today.
- Focus on prevention strategies on risk factor validation including epidemiology and genetics.

We are grateful that NINDS is progressing on the development of its strategic plan and we look forward to further engagement with the NIH and opportunities to accelerate the search for treatments and cures for ALS.

Read our full comments to NIH at <https://bit.ly/ALSAComments>.



COMMUNITY OUTREACH & CHAPTER EVENTS



Announcing the Walk To Defeat ALS 2022 AWARDS

CINCINNATI WALK

Top Fundraiser - Returning Team

1st Place - Larry's Band of Brothers (& Sisters) - \$25,900
2nd Place - Kids4Cure - \$25,155
3rd Place - Block Busters - \$21,412

Top Fundraiser - New Team

1st Place - JimmyB - \$45,543
2nd Place - bArLowS Team - \$20,270
3rd Place - Nancy's Nurses, Friends & Family - \$10,370

Top Individual Fundraiser On a Team

Jim Bowman - \$27,415

Top Individual Fundraiser Not On a Team

Mary Tenoever - \$1,000

Team T-Shirt Contest Winner

Team Tyler

COLUMBUS WALK

Top Fundraiser - Returning Team

1st Place - Magnum JF - \$29,310
2nd Place - Team ODAT - \$20,400
3rd Place - Team Dan - \$11,180

Top Fundraiser - New Team

1st Place - We Mean Bizness - \$21,400
2nd Place - Team Merkle - \$7,540
3rd Place - #Tammy'sTribe - \$4,533

Top Individual Fundraiser On a Team

Elizabeth Them - \$19,850

Top Individual Fundraiser Not On a Team

Elizabeth Blakeslee - \$2,875

Team T-Shirt Contest Winner

Mike's Celtic Crusaders

DAYTON WALK

Top Fundraiser - Returning Team

1st Place - ALS Needs A Miracle - \$13,108
2nd Place - Team Pumpkin Shiraz - \$10,240
3rd Place - Team Steve-O - \$6,010

Top Fundraiser - New Team

1st Place - Team Megan - \$10,532
2nd Place - Team Terry - \$5,140
3rd Place - Team Gannon - \$1,100

Top Individual Fundraiser On a Team

Paul Miracle - \$10,198

Top Individual Fundraiser Not On a Team

Patti Russell-Campbell - \$5,207

Team T-Shirt Contest Winner

Tim's Troop

SOUTHWEST OH WALK

Top Fundraiser - New or Returning Team

1st Place - Team Laurie - \$9,700
2nd Place - Team Dani - \$545
3rd Place - Team Jackie - \$500

Top Individual Fundraiser On a Team

Katlyn Miller - \$9,100

Top Individual Fundraiser Not On a Team

Denise Lehman - \$110

Thank You

to these award winners, and to every donor and sponsor who helped make our 2022 Walks a success!

COMMUNITY OUTREACH & CHAPTER EVENTS



Serving Restaurants since 1979

The Prestige Dining Club membership provides a "Buy One Entrée, Get One Free" offer at many of Ohio's finest restaurants. Our goal is to encourage members to enjoy a fine dining experience while rewarding members for exploring new places! As a member, you enjoy one discounted visit (a \$20 maximum with the purchase of two drinks) per restaurant during your membership.

Why Become a Prestige Member?



Exploring your Community

You're rewarded for discovering new favorite restaurants!



Get more for Less

Reinvest your savings into a cocktail or dessert!



Make more Memories with Loved ones

Go out more and celebrate with friends and family

As a ALS Prestige Dining Club Member,

You will receive an exclusive 5% discount on the purchase of your dining club card along with up to \$20 of your yearly membership going to support The ALS Association Central & Southern Ohio Chapter!

A Prestige Dining Club Columbus membership is \$60/year and Dayton is \$30 every 6 months.

For even bigger savings you can select an auto renewing membership!

Use code ALSOHIOCNS during check out on prestigediningclub.com/membership today!

Prestige Dining Club
P.O. Box 1050 Powell, OH 43065
spencer@prestigediningclub.com | 614-373-9418

COMMUNITY OUTREACH & CHAPTER EVENTS



Central & Southern
Ohio Chapter

2023 EVENTS

Check ALSoHio.org for details



Three parties you won't want to miss! Enjoy dinner on the party decks while watching your favorite Major and Minor League Baseball teams. A portion of ticket price goes back to the Chapter to support people living with ALS.



June 2, 2023
Game Time 5:10 PM



June 23, 2023
Game Time 7:05 PM



June 30, 2023
Game Time 7:05 PM



The Chapter's three Walk to Defeat ALS events provide up to 75% of Chapter revenue each year! Register, donate, fundraise, and bring the whole family to enjoy a great day!

COLUMBUS WALK
Sunday, September 10
Coffman Park Pavilion
Dublin, OH

CINCINNATI WALK
Sunday, September 17
Winton Woods Park
Cincinnati, OH

DAYTON WALK
Sunday, September 24
Day Air Ballpark
Dayton, OH

REMEMBERING

Cincinnati Area		Columbus Area		Dayton Area		Lima Area	
Kenneth Miller	12-13-22	JoAnn Bower	12-14-22	Chad Bridges	12-19-22		
James Christian	11-28-22	Hannah Hamilton	12-7-22	Roy Stephen Cole	12-18-22		
Andrea Schaaf	11-18-22	Raymond Rieser	12-1-22	Larry Jackson	11-20-22		
		Beth Hardesty	11-22-22	Rhonda Snodgrass	11-17-22		
		Kenneth George	11-18-22	Robert Knauft	11-17-22		

FREE FOR PALS

Respiratory Supplies, Oral Suction Supplies, Oral Swabs, Suction Catheters, Suction Cannister Bottles—
Contact: Mark Witchey at Advanced Home Medical in Columbus—mwitchey@advhmed.com

Convaid Rodeo Tilt Stroller is a lightweight stroller that folds and tilts for comfort and support! Designed with caretakers in mind, this special needs tilt-in-space stroller fits children approximately 4 years old to small adults. <https://www.especialneeds.com/convaid-rodeo-tilt-stroller.html> If interested. Please **Text: 513.936.0986**
 We have just begun collecting our thoughts on items that we have and won't need anymore. These items will be useful for others, but thought to get the message out in this month's newsletter. **Please text or email for a list of FREE items to: Peter, Cincinnati, communications.confidential@gmail.com. Text: 513.936.0986**

Hill-Rom Bed with Hill-Rom Wound Care Mattress Please contact Jennifer VanHorne at (614) 849-8613 or email : javh1965@gmail.com

RAZ Shower Chair and an Unused (NEW) extra large Bedside Commode. Please contact Jennifer VanHorne at (614)849-8613 or email : javh1965@gmail.com

Reverie Queen-size Adjustable Bed Frame—with Head and Foot adjustment and Massage. If interested, please call 614-937-8369 or 614-570-2383

Several boxes of Ensure, New Tubing for Feeding Tube, and Suction Tips. Please text or email me at 614-226-8152 or email: aholly1972@live.com

Residential Stair Lift. Contact: Tim Cory at 614-376-8795 or email timcory@att.net

DeVilbiss 7305P-D Suction Unit (disposable parts replaced), **Roscoe Rite-Neb4 Nebulizer**, **Pulse Oximeter**, **CallToYou Call Button & Remote Alarm**, **Disposable 60 ml Syringes** (30) 7.2 oz containers **Nutrisource Fiber Supplement** (4), nine cans of **Nutren 2.0**
Contact Mike at (740) 587-7729 or email mvagengle@yahoo.com

Lift Chair—4 years old, excellent condition. Located in the Bexley area; needs to be picked up. If interested, call **Matt at (614) 937-8369**

FOR SALE

TWO Indoor Wheelchair Lifts (1/23) 1. **Model VPL-3153B.** Capacity 750 lbs. Platform size: 36"x 60". Platform configuration: Enter/Exit Opp Side. Top Landing: Gate w/ Call Send Mounted in Frame. No pit - auto folding ramp. Platform Controls: Rocker Control w/Emergency Stop. Travels up to 3 and 1/2 feet. Used in garage to travel to main level. 2. **Model VPL-3210B.** Capacity 750 lbs. Platform size: 36" x 54". Platform Configuration: Enter/Exit same side. Platform Controls: Rocker Control w/ Emergency Stop. Top Landing: 36" Gate Electrical mechanical Interlock + Rocker Control w/ Call/Send Mounted in Frame. Bottom Landing: Call/Send - Surface Mount w/ Rocker Control. Bottom Landing Door: Door Baffle for Door by Buyer. No Pit - 3" stationary ramp. Travels up to 123". Used to travel from main level to basement. **Contact Heather @ 630-440-8547 for further details and pictures.**

2019 Toyota Sienna XLE (1/23) Conversion Van with Side Door Under Car Ramp. Vehicle has 21,613 miles **Please contact Todd for more information or if interested at (614) 595-3912 or email tfoley1114@gmail.com**

Hill-Rom P1900 Sport II Hospital Bed (1/23) has custom rotation, percussion & vibration features. Converts to chair position. Still under Warranty. Asking \$4,000. **Please Text at (937) 287-5754**

Kalmia King Size (2 Twin XL) Perfect Height Adjustable Bed (1/23) with 2 side rails. Sold by MedMart, in Excellent Condition. Original cost \$6,920. Asking \$1,500. Lebanon OH area. **Call or text 513-304-3126**

Permobil F3 Corpus Power Wheelchair (1/23) purchased 2018, Good Condition Asking \$8,000 OBO **Contact: Lori McCoy at (740) 412-2740 or email loribmccoy@aol.com**

2015 Dodge Conversion Van (12/22) Excellent Condition , wheelchair side acceptability with hydraulic lift. All accessories for wheelchair lockdown are included. Mileage is 83,120. Asking \$ \$22,000 **Contact Bob Alfieri for more questions at (513) 232-0309**

2008 Dodge Grand Caravan SXT (12/22)– AMSVANS.com Handicap conversion van (lowered floor, center seats removed, side powered wheelchair ramp; had an EZ Lock BL-6290 wheelchair docking base, removed but available; we got four ratcheting ties installed), low 49,000 miles, gently used last 8 years, maintained well, garage parked. Asking \$14,000 OBO.

For questions, pictures email: Peter, Cincinnati, communications.confidential@gmail.com. Text: 513 936 0986

F3 Permobil Power Wheelchair (9/22) \$3,500 or OBO. **Electric Hoyer Lift** with 2 half slings, 1 full body sling, 3 batteries and charger \$150 OBO **Please contact Jennifer VanHorne at (614) 849-8613 or email : javh1965@gmail.com**

The Volkner Turning System (7/22) MARK 1 Mattress Overlay Air, includes a machine pump and mattress, asking \$450 OBO. **Please contact Kaitlyn via text or calling and leaving a message at (740) 649-9047.**

Caregiver & Survivor Groups

CINCINNATI CAREGIVER GROUP (current caregivers only)	Tuesday January 24, 2023 1:00-2:30 pm	Open Discussion	Yvonne Dressman, LSW	The Good Shepherd Lutheran Church 7701 Kenwood Rd Cincinnati, OH 45236
CENTRAL OHIO CAREGIVER GROUP (current caregivers only)	Monday January 23, 2023 1:00—2:30 pm	Open Discussion	Carleen Hubbell, BS, MA	Virtual Only http://v.ringcentral.com/join/575440587 Meeting ID: 575440587 Or dial: +1 (650) 4191505 United States (San Mateo CA) Access Code/Meeting ID: 575440587
CENTRAL OHIO SURVIVOR GROUP	No Group This Month	A social lunch to enjoy the company of those who have experienced a loss to ALS (Lunch is on your own)	Carleen Hubbell	Hunan Lion 2038 Crown Plaza Drive (off Bethel Road) Columbus, OH 43235
CINCINNATI AREA SURVIVOR GROUP	No Group This Month	A social dinner to enjoy the company of those who have experienced a loss to ALS (Dinner on your own)	Host: Mary Naylor *Please RSVP to Mary Naylor at 513-891-1475	Slatts Pub 4858 Cooper Road Cincinnati, Ohio 45242 (Private Dining Room)
DAYTON REGIONAL AREA SURVIVORS GROUP Meets Tri-annually 4th Wednesday	Wednesday January 25, 2023 6:00 pm—8:00 pm	A social dinner to enjoy the company of those who have experienced loss to ALS Dinner on Your Own (seating: Ask for ALS Survivors Group) Beaver creek	Mary Helme Claire Robbins Whitney Taverna Bob Westendorf	The Pub 39 Greene Boulevard Beavercreek, OH 45440 (in front of the Greene) The Pub (experiencethepub.com)

Inclement Weather Announcement

It is that time of year when bad weather can affect Support Group meetings. Every attempt is made to report cancellations in a timely manner but winter weather can be unpredictable. Below is the Chapter procedure for providing information regarding changes or cancellations for your area support group. Time Permitting - Any cancellations or changes in Support Group meetings will be posted on the Chapter website - www.alsohio.org You may call the Columbus office at (614) 273-2572 or (866) 273-2572 between the hours of 9:30am and 3:30pm Monday through Friday. The Care Service Coordinator for your area will put a message on their phone if there are changes or cancellations. The Care Service Coordinators will send an e-mail to all known attendees if there are changes or cancellations. You are encouraged to have your email on file with the Chapter. Please remember that road conditions can vary by location.

YOU ARE ADVISED TO CAREFULLY CONSIDER THE IMPORTANCE OF YOUR SAFETY VERSUS ATTENDANCE AT SUPPORT GROUP. YOUR WELL-BEING IS OUR PRIMARY CONCERN.

The ALS Association Central & Southern Ohio Chapter Chapter-Wide Education and Exchange Groups

DATE	TOPIC	LOG-IN/CALL-IN INFORMATION
Monday January 9, 2023 6:00 pm—8:00 pm Facilitator: Yvonne Dressman	CINCINNATI REGIONAL AREA Respiratory Care for ALS Respiratory Therapist Patient Aids	In-Person Support Group The Good Shepherd Lutheran Church 7701 Kenwood Rd Cincinnati, OH 45236
Monday January 9, 2023 6:30 pm –8:30 pm Facilitator: Carleen Hubbell	COLUMBUS REGIONAL AREA Helpful Assistive Devices Throughout the ALS Journey Jennifer Thompson, Occupational Therapist & Leslie Wolf, Physical Therapist Ohio Health ALS Clinic	Virtual Only http://v.ringcentral.com/join/575440587 Meeting ID: 575440587 Or dial: +1 (650) 4191505 United States (San Mateo CA) Access Code/Meeting ID: 575440587
Monday January 9, 2023 1:00pm-2:30 pm Facilitator Whitney Taverna LISW-S	GREATER DAYTON/Mid-NW REGION Virtual Call-in ONLY OPEN DISCUSSION –Q&A	Virtual or Call-In Only https://v.ringcentral.com/join/240430372 (Meeting ID:240430372) or by phone: (650)419-1505 access code/ Meeting ID 240430372
Monday January 16, 2023 6:30pm—8:30 pm Facilitators: Whitney Taverna Bob Westendorf Julia Prince	GREATER DAYTON/Mid-NW REGION Home Modifications Shelley Janning & Annie Liberio Neuro Rehab & Balance Center & Jeff Henderson—101 Mobility	In-Person Only Beavercreek Christian Church 3009 Shakertown Road Beavercreek, OH 45434 (Please drive to back of church to park. Our room is Multipurpose Room 212 and accessible only thru back door.)
Monday January 23, 2023 6: 00 pm—8:00 pm	CHAPTERWIDE VIRTUAL Dr. Robert Neel, MD and Dr. John Novak, MD Virtual Q & A	Virtual Only http://v.ringcentral.com/join/575440587 Meeting ID: 575440587 Or dial: +1 (650) 4191505 United States (San Mateo CA) Access Code/Meeting ID: 575440587

Updated Information Regarding In-Person Education & Exchange and Caregiver Groups

As case numbers for Covid-19 continue to decrease in Ohio, the Chapter has decided to restart indoor Education & Exchange and Caregiver groups in certain areas, based on requests that we have received from families. The former restrictions that were put in place over the last several months, including mandatory masks and proof of vaccination will be lifted. Due to the risks that Covid infection presents to people with ALS, the Chapter strongly encourages group attendees to be vaccinated and to continue masking at indoor groups. If Covid-19 cases should spike over 50/100,000 cases in Ohio, the Chapter will reinstate the former restrictions until numbers stabilize. A Chapter-wide, virtual group option will continue to be made available to anyone not wishing to attend an in-person, indoor meeting.

REMINDERS

Monthly Chapter-Link Newsletter Mailings

The Chapter-Link is mailed to all patients who are registered with the Chapter. When individuals are no longer actively receiving services through the Chapter, they are removed from the newsletter mailing list. Former caregivers and interested parties are encouraged to continue receiving the newsletter by email. Newsletters dating back to one year from the current issue area available at www.alsohio.org – select “local services.”

National ALS Registry – Sign Up Today

**The National ALS Registry is the single largest ALS research project ever created and is designed to identify ALS cases throughout the entire United States. ** Most important, *the Registry is collecting critical information about the disease that will improve care for people with ALS and help us learn what causes the disease, how it can be treated and even prevented* – help us find a cure, sign up today! www.cdc.gov/als

Remembering Your Loved One Through a Memorial Gift

Losing someone to ALS is something that no one wants to experience. But many, through the frustration and pain, find a way to give back and honor their loved one. Your friends and family can help continue providing services for those still living with ALS by making a donation to the Chapter in memory of their loved one. This can be done by naming the Chapter in your loved one's obituary: Memorial donations may be made to The ALS Association Central & Southern Ohio Chapter, 1170 Old Henderson Rd., Ste. 221, Columbus OH 43220. The Chapter sends thank you letters to all donors and acknowledgment to the family listing the names only (amount is not listed) of those who have made donations.

Attention Veterans

If you are a veteran with ALS or the spouse of a deceased veteran who had ALS, please contact The ALS Association Central & Southern Ohio Chapter office (614-273-2572 or toll free 866-273-2572) for information on the Veterans Administration disability compensation program. Valuable resources can also be found on The ALS Association website, <http://www.alsa.org/policy/veterans.cfm>.

ALS Information for Kids and Teens

The Central & Southern Ohio Chapter is very grateful to The Marion Community Foundation - Spencer Stephens Fund for continuing support of a program benefiting the children and teens of our PALS. The Spencer Stephens' Flamingo Backpack Project is patterned after a program created by Deborah Feigenbaum, a clinical social worker associated with The ALS Association Connecticut Chapter. Working from this model, the Central & Southern Ohio Chapter developed a backpack with informational and fun resources to help kids cope with a having a parent or family member with ALS. Initially designed to provide ALS resources for children ages 6 to 12 years old, the project was expanded to include a teen version of the backpack and an outreach program for children under 6-years of age. If you know of children or teens who could benefit from an ALS information packet (some limitations apply), please call Chapter Care Services (866) 273- 2572.

ALS Wristbands and Magnetic Car Ribbons

The ALS wristbands are available for purchase through The ALS Association Central & Southern Ohio Chapter office. The wristbands are red silicone with “Fighting Lou Gehrig’s Disease” on the outside and “The ALS Association Central & Southern Ohio Chapter” on the inside. Cost for the wristbands is \$2.00 per wristband plus postage. Magnetic “Fighting Lou Gehrig’s Disease” car ribbons are also available from The ALS Association Central & Southern Ohio Chapter office. Individual magnets can be purchased for \$5.00 each. Orders of five or more are available for \$4.00/magnet plus \$4.00 shipping. For more information, call (614) 273-2572 or toll free (866) 273-2572



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 937-998-1716

Sharonville
 11755 Mosteller Rd.
 Sharonville, OH 45241
 513-686-1151



**PLAN FOR TOMORROW,
 LIVE FOR TODAY.**



Erik Stephens
 Financial Advisor
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The Chapter appreciates your support and
partnership in the

Walk to Defeat ALS Remixed!

305 E Stroop Rd, Kettering, OH 45429

(937) 558-9394

Our monthly newsletter includes ads from companies that are actively involved in services to the ALS community. The Chapter is grateful to these "friends" not only for their support of The ALS Association Central & Southern Ohio Chapter, but also for the long-standing services and products that they provide to persons with ALS (PALS). We appreciate our relationship with these companies and are fortunate to have them as associates in providing quality care for PALS.



The ALS Association
Central & Southern Ohio Chapter
1170 Old Henderson Rd.
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Columbus, OH 43220

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-- because you can!