

WEB RESOURCES

ALS

- The ALS Association – Website for the National Office - www.alsa.org
- The ALS Association Central & Southern Ohio Chapter - www.alsohio.org
- Ride for Life – Grants available for legal assistance & respite - www.rideforlife.com

ALS PUBLICATIONS

- Extensive library of “ALS related books” provided by The ALS Association- www.alsa.org/als-care/resources
- Patient Resource Guide –
http://webcsoh.alsa.org/site/PageServer?pagename=CSOH_8_Resource_Guide

GOVERNMENTAL AGENCIES

- Americans with Disabilities - information site at the Department of Justice for problems with disability rights - www.usdoj.gov
- Eldercare Locator - link to your local agencies on aging - www.eldercare.gov
- Health Finder - sponsored by the U.S Dept. of Health and Human Services - www.healthfinder.gov
- Medicare - Information on the Medicare Program - www.medicare.gov
- Ohio Department of Aging – Offers a variety of information on programs it funds
Example: Passport - www.aging.ohio.gov
- Ohio Department of Jobs and Family Services – local office locator for information on Medicaid, Passport, Waiver etc.- <http://jfs.ohio.gov>
- Paralyzed Veteran’s Administration - www.pva.org
- Senior Citizens Resources - information for older adults - www.seniors.gov
- Social Security Administration - Apply for social security on line - www.ssa.gov
- Veteran’s Administration - www.va.gov

HOSPICE, PALLIATIVE CARE & ADVANCE DIRECTIVES

- National Hospice & Palliative Care Organization - www.nhpco.org
- Ohio Hospice & Palliative Care Organization - <https://caregiver.org/ohio-hospice-and-palliative-care-organization-ohpco>
- Grief & loss information - www.hospicefoundation.org
- Information on Advanced Directives - www.ohiobar.org/ForPublic/LegalTools
- Purchase advance directive – *The Five Wishes* - www.agingwithdignity.org

LONG TERM CARE

- Compares nursing homes in your area - www.medicare.gov/NHcompare

- Senior care locator in your area - www.aplaceformom.com
- The American Health Care Association - www.ahcanal.org
- Eldercare locator - www.n4a.org
- Association for Philanthropic Homes for the Aged - lists and describes non-profit care facilities in Ohio - <http://www.elderweb.com/organization/assn-ohio-philanthropic-homes-housing-and-services-aging>
- Argentum - Assisted Living Guide - www.alfa.org
- About Assisted Living - lists assisted living facilities by state and city - www.aboutassistedliving.org

IN-HOME CARE

- Information on the Community Care Registry (CCR). CCR provides access to experienced home care workers in Franklin County whose qualifications, availability, and hourly rates match the personal needs of the individual - www.officeonaging.org
- Find Health Agencies in your area by zip code - www.medicare.gov/HHcompare/Home.asp
- In-home respite care locator - <http://archrespite.org>

ADAPTIVE EQUIPMENT

- Adaptive equipment for all areas of daily living - www.pattersonmedical.com
- Adaptive equipment and clothing - www.independentyou.com
- Super-comfortable fashions for people in wheelchairs - www.izadaptive.com

HANDICAP ACCESSIBLE VANS

- Handicap accessible vans - www.mobilityworks.com
- Handicap vans for sale through dealerships / private owners - www.disableddealer.com
- Handicap accessible vans - www.mcmobilitysystems.com
- Lifts, handicapped vans, van alterations - www.keymobility.com

FINANCIAL & LEGAL

- Patient Services Inc. Leading the charge to provide much needed patient assistance, soliciting donations to fund thousands of patients and their families in a myriad of disease areas - www.patientservices.org
- Benefits Check-Up – a service of the National Council on Aging to help make sure that you are getting the most from your benefits - www.benefitscheckup.org
- Greater Dayton Volunteer Lawyers Project - <http://www.gdvlp.org> or (937) 461-3857
- National Academy of Elder Law Attorneys - www.naela.org
- Navigating Healthcare for the Uninsured - provides information on free or low-cost healthcare options - <http://www.medicalbillingandcodingcertification.com/health-insurance-guide/uninsured>
- Ohio Legal Rights Services – offers some free legal assistance - <http://www.disabilityrightsohio.org> or (800)282-9181

- Patient Advocate Foundation - provides assistance with arbitration, mediation and negotiation to settle issues with access to care, medical debt, and job retention related to illness - www.patientadvocate.org
- Pro Seniors - a non-profit organization that provides free legal and long-term care help to Ohio residents age 60 and older - <http://www.proseniors.org> or (513)-621-5613

DISABILITIES

- Assistive technology - <https://atohio.engineering.osu.edu>
- Center for Independent Living Options, Inc. - www.cilo.net
- Opportunities for Ohioans with Disabilities - provides funding for adapting the work environment to enable the disabled to continue working - <http://www.ood.ohio.gov>
- Information on handicap traveling and special tours - www.disabilitytravel.com

MEDICATION ASSISTANCE

- Information on various types of prescription assistance - www.medicare.gov
- Partnership for Prescription Assistance - helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free - www.pparx.org
- Lists of manufacturers' assistance programs and links to these - www.needymeds.com
- Blink offers significantly lower prices on medications and is accepted at more than 60,000 pharmacies nationwide. - www.blinkhealth.com

COMMUNICATION

- Camera Mouse is a free program that enables mouse pointer control on a computer screen with head movement - www.cameramouse.com
- Voice recognition software "Dragon Naturally Speaking" - www.nuance.com
- PC based communication aid for the speech impaired. Serves as an electronic voice for those who cannot speak on their own. - www.etriloquist.com

MISCELLANEOUS

- American Association of Retired People - comprehensive information on services for seniors - www.aarp.org
- Help Lines - immediate access to resources in your community with an available professional to help you research difficult problems
 - Cincinnati – 211 just dial these numbers for immediate assistance or <http://www.uwgc.org/211>
 - Dayton – Help Link – 1-800-917-3224 or <http://www.dayton-unitedway.org>
 - Columbus – Hands on Central Ohio – (614) 221-6766 or www.211centralohio.org
- National Center on Elder Abuse - Listing of state Adult Protective Service program contacts – provides toll free phone numbers of state services. - www.ncea.aoa.gov
- Nursing Home Abuse Center (NHAC) is a free online resource with information about senior and elder dangers and safety options – www.nursinghomeabusecenter.com
Help Hotline: (855)-500-3537
- Trip Buzz: Wheelchair accessible guide - www.tripbuzz.com/wheelchair-accessible-travel-guide/

SOCIAL MEDIA SUPPORT

- Consists of individuals working together; exchanging information, providing moral support, caregiver support and general help with ALS. - www.alsforums.com
- 500+ communities of people facing similar life challenges, medical conditions, and mental health issues and find people who understand exactly what you're going through. - www.dailystrength.org
- Connect with people like you. Share your experience, give and get support to improve your life and the lives of others. - www.patientslikeme.com

RESEARCH

- Helps patients with ALS to review alternative and off-label ALS treatments. – www.alsuntangled.com
- ALS Association Research Program – www.alsa.org/research
- NEALS – Mission is to rapidly translate scientific advances into clinical research and new treatments(ALS) and motor neuron disease. – www.alsconsortium.org
- Listing of clinical trials – www.clinicaltrials.gov

