



The Chapter-Link

November 2023

1170 Old Henderson Rd, Suite 221
Columbus, OH 43220
614-273-2572
or toll free
866-273-2572
www.alsohio.org

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Save the Dates 2023



**Cello Recital
to Defeat ALS
December 2, 2023**

&

**Cookie Walk
to Defeat ALS
December 2, 2023**



See Details Inside
on pages 6 & 7



Overwhelming Gratitude for the 2023 Walk to Defeat ALS

With the season of gratitude upon us, we want to share how thankful we are for all of the generosity that has poured in from the 2023 Walk to Defeat ALS! We set ambitious goals for all three cities, and ***we're so close to meeting them!*** (See page 7 for details.) We're so grateful for, and proud of, the 3,000+ people who are rising to this challenge and we're looking for a few more to help us reach our goals.

We will continue to accept donations for this year's Walk through December 31. However, if you are looking to push your Walk team or individual totals onto the podium, the deadline for the Walk Awards is November 15.

Every dollar brought in from the Walks directly supports people living with ALS. The Walk to Defeat ALS is the reason why we can provide free services to nearly 600 patients and their families each year. The number of people we serve is increasing every year, so reaching – and exceeding – our Walk goals allows us to expand our programming to meet this rising demand for services.

So thank you - thank you for all the hard work put into fundraising for the Walk every year. We are excited to celebrate with every one of our pALS, families, donors, and supporters as we *exceed* our goals in all three cities!



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2023 Chapter Quality of Life Reimbursement Grant –

Please Apply Early!

The Chapter **2023 Quality of Life Reimbursement Grant** is Open! You can find out if you qualify for the Grant and download the necessary Grant Packet on our local care services page

[2023 Chapter Quality of Life Reimbursement Grant](#)

The Chapter can reimburse up to \$1,200 in eligible expenses to individuals who qualify.

Receipts that meet these guidelines can be dated on or after January 5, 2023.

Please obtain your **2023 Chapter Quality of Life Reimbursement Grant** packet early. Funds are limited and grants are approved on a first come, first served basis. For more information or for a hard copy grant packet, please contact Carleen Hubbell, Care Services Coordinator, at (614) 273-2572 x110, or chubbell@alsohio.org.

Seeking Businesses for Pin-Up Sales or Sponsorships

The Chapter is seeking businesses throughout its territory to partner with us for event sponsorships or retail pin-up sales. The “Walk to Defeat ALS” sponsorship levels start as low as \$500. Pin-up programs offer customers the opportunity to make donations at point-of-purchase at zero cost to the business.

If you know someone who works for – or owns - a business that might want to participate, **please ask them if they would be willing to talk with us about it and we’ll take it from there.** Contact Amy Hall, Event Fundraising & Engagement Manager, at (866) 273-2572 x101 or at ahall@ALSohio.org. Local businesses are essential partners in our mission to bring free services to people living with ALS and their loved ones.

Chapter Link Survey Update

Thank you to everyone who has taken our survey about the Chapter Link newsletter!

In the next couple of months, we’ll be tabulating and analyzing the results. We will use your feedback to make improvements to our newsletter and other communications to give you the information you want, how you want it, and when you want it. We hope to share insights and plans with you sometime after the first of the year.

UPDATES

Tips to Protect Against Medicare Scams During Open Enrollment

Originally posted on insurance.ohio.gov/consumers/medicare/tips-prevent-medicare-scams

The barrage of plan options and marketing pitches during Medicare's annual open enrollment period, which runs Oct. 15 to Dec. 7 to select coverage that begins on Jan. 1, can make it difficult to sometimes discern something legitimate or fraudulent.

Information is provided here to help Ohioans on Medicare protect themselves against scams to take their personal information.

Ohioans should be on alert for fake Medicare communications seeking personal information or money in exchange for any of the following: to help with enrollment, to schedule health services, to sign up for a Part D prescription drug plan or Medicare health plan coverage, and to provide a new Medicare card.

How to protect yourself:

- Never give personal information, including Medicare, Social Security, bank account, and credit card numbers, to anyone who contacts you unsolicited by telephone, email, text, or in person, such as door-to-door sales.
- Medicare will never call you to sell anything, visit your home, or enroll you over the phone unless you called first.
- Medicare or Medicare health plans will only call and request personal information if you're a plan member or you called and left a message.
- Only give certain personal information to your doctors, insurance companies acting on your behalf, or trusted people in the community officially working with Medicare such as the Ohio Senior Health Insurance Information Program (OSHIIP), which is a program of the Ohio Department of Insurance.
- Never purchase gift cards as payment for anything.

Report fraud and predatory sales practices:

- OSHIIP partners with Ohio's Senior Medicare Patrol (SMP) to detect and report wrongdoing. The SMP provides education and response to reported Medicare fraud, waste, and abuse. Contact SMP at 800-488-6070 and proseniors.org/ohio-smp.
- If you feel an insurance agent is using high-pressure, fraudulent, or dishonest sales practices, contact the Ohio Department of Insurance Fraud and Enforcement Division at 800-686-1527 or the SMP.

For more information:

OSHIIP representatives are available at 800-686-1578, oshiipmail@insurance.ohio.gov, and insurance.ohio.gov to answer Medicare questions.

RESEARCH UPDATES

FDA names CB03, aiming to protect neurons, an orphan drug for ALS

Potential therapy, in Phase 1 trials, works to lower damaging hyperexcitability

Originally posted on [ALSNewsToday.com](#) by [Andrea Lobo, PhD](#) | October 24, 2023

The U.S. Food and Drug Administration (FDA) has given orphan drug designation to CB03, [Zhimeng Biopharma](#)'s small molecule treatment candidate for [amyotrophic lateral sclerosis](#) (ALS).

CB03 is designed to bolster nerve cell health by regulating potassium channels on these cells, reducing the hyperexcitability that is damaging to neurons.

Orphan drug status aims to encourage the development of treatments for rare diseases, those affecting fewer than 200,000 people in the U.S. It provides benefits such as exemption from FDA application fees, assistance in clinical trial design, and seven years of market exclusivity if the therapy is approved.

CB03's safety and tolerability in Phase 1 trials in US, Australia

Available [ALS treatments](#) aim to help with managing [disease symptoms](#) and in slowing progression.

CB03, a potential therapy for ALS and other conditions of the central nervous system (the brain and spinal cord), is being evaluated in Phase 1 clinical trials taking place in the U.S. ([NCT05499260](#)) and Australia ([NCT05502549](#)).

They are assessing the safety, tolerability, and pharmacological properties of single and multiple doses of CB03 in healthy adults, with all dosing expected to finish before the year's end.

"The orphan drug designation by U.S. FDA for CB03 is an important milestone in its global clinical development for ALS and other central nervous system diseases," Huanming Chen, PhD, Zhimeng's president and CEO, said in a [company press release](#). "Since ALS is a very serious disease without adequate treatment options, we hope our dedicated efforts will allow us to bring a safer and more effective medicine to ALS patients worldwide as the first indication for CB03," Chen added.

ALS is a neurological disease that damages motor neurons, the nerve cells that control voluntary movements, causing the loss of muscle control. While exact [disease causes](#) are unknown, several genetic and environmental factors and lifestyle habits are viewed as increasing its risk.

Neuronal hyperexcitability — the increased likelihood that a neuron will be activated by a certain stimulus — also can be damaging to nerve cells, and it is thought to play an important role in neurodegenerative diseases such as ALS. Potassium channel proteins, which regulate the passage of potassium ions, are important modulators of neuronal excitability.

CB03 is a next-generation small molecule that selectively opens potassium channels called KCNQ2/3. It demonstrated better stability and higher biological or pharmacological activity in lab dish and in ALS animal models than earlier molecules with a similar mechanism.

"CB03 is unlikely to present the same safety concerns as other channel openers and warrant further clinical development to demonstrate potential benefits in the ALS patient population," Zhimeng stated in its release.

UPDATES

Volunteers Calling in November - National ALS Registry

Volunteers will be calling individuals with ALS during the second and third weeks in November to identify those who have signed up and completed most, if not all of the 18 different surveys. If you have already signed up and **do not** desire a phone call, please call or email Care Services Coordinator, Carleen Hubbell at 614-273-2572 extension 110 or chubbell@alshio.org. If you would like help in signing up, let our volunteer know when he/she calls and we will arrange for a volunteer to assist you.

One of the best tools we have in beating ALS is The National ALS Registry. The National ALS Registry allows persons with ALS to fight back and help defeat ALS. By signing up, being counted, and answering brief questions about you and your disease, you can help researchers find answers to important questions. Learn more at www.cdc.gov/als.

Stitching Quilts with Hope and Love



Barb Matzat knows all too well the realities of living with ALS. Her husband, Paul, passed away from the disease in 2020. Recently, Barb stopped by our office to donate several quilts for people with ALS. She made each one by hand, threading them with the love and hope that she knows each person with ALS needs.

This isn't the first time Barb has donated her homemade quilts, and she's not the only one. The Hope & Dreams Quilt Challenge for ALS, a national program from Virginia, also donates homemade quilts to us on occasion. Thanks to Barb and Hopes & Dreams, each person we serve is able to receive the warmth and comfort of a handcrafted quilt, made with love and concern.

Podcast Interview with Radio Legend Jim Scott: Living Positively with ALS

Lorri Carey and her family — husband Paul, sons Paul Jr., and Christian — have been friends of our organization ever since Lorri was diagnosed with ALS in 2004. They have joined us several times for ALS advocacy in Washington, D.C., and their Cincinnati walk team (Kids4Cure) has raised more than \$1M to support people served by our local organization. They continue to stay active in the walk and our other activities supporting the ALS community. We greatly appreciate their friendship and commitment to our mission!

Lorri is the creator and host of the podcast "I'm Dying to Tell You," where she interviews individuals with inspirational stories. She recently interviewed **Jim Scott, 47-year talk radio legend (700 WLW-AM in Cincinnati)** who is living with ALS. You'll want to hear what they have to say. Listen in at "I'm Dying to Tell You." at <http://bit.ly/ListenOnApplePodcast>.



COMMUNITY OUTREACH & CHAPTER EVENTS

Tee-Off on ALS Raises \$10,000

Since 2009, Harry Ingalls has been remembering his beloved friend, William Wheeler, by hosting a golf event to bring awareness to ALS and raise money to support the fight against it. Over the past 14 years, Tee-Off on ALS has grown into a landmark event, with the participant numbers maxing out annually.

This year Tee-Off on ALS took place on Monday October 9 in Springboro, and the turnout was a phenomenal sold-out crowd despite the frigid weather conditions. Through event participants' generosity via ticket sales, auction bidding and donations, the event raised nearly \$10,000 — bringing the event's 14-year total to nearly \$70,000!




Harry's success comes from the event's unique personal focus. Donations are not solicited from non-participants, and every sponsor is personally known by someone playing. This makes it a very personal event and gives much more meaning to the cause.

We're so grateful for Harry's dedication and perseverance in hosting this event each year, and all that he — and Tee-Off on ALS — has done for everyone we serve over so many years.

**MATT MORITZ'S
CELLO RECITAL
TO DEFEAT ALS**


DECEMBER 2ND, 2023 | 4:00PM
ASCENSION LUTHERAN CHURCH
1479 MORSE RD, COLUMBUS, OH 43229



Free admission | Donations encouraged to the ALS Association Central and Southern Ohio Chapter

Fundraising Page: http://secure.alsohio.org/goto/matt_moritz_cello_recital

Scan to Donate:



**Cookie Walk
TO DEFEAT ALS
IN HONOR OF BILL CROY**

COME FILL UP YOUR COOKIE JAR WITH MIX & MATCH \$5.00/DOZEN
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December 2nd, 2023 9:00am - 12:00pm

Maple Grove United Methodist Church
7 W Henderson Rd Columbus 43214

To donate cookies or candies email janetthode72@gmail.com

COMMUNITY OUTREACH & CHAPTER EVENTS



FUNDRAISING TOTALS BY CITY (as of 10/26/23)

CINCINNATI - 97%
(\$410,033 raised/\$420,000 goal)

COLUMBUS - 120%
(\$270,686 raised/\$225,000 goal)

DAYTON - 98%
(\$113,163 raised/\$115,000 goal)

Fundraising totals are growing every day!
Deadline for Walk Awards is November 15!
Keep your team going strong to qualify.
2023 Walk donations will be accepted
through December 31.



WALK TEAM STANDINGS (as of 10/26/23)

CINCINNATI

JimmyB - \$44,652
pAuL'S pals - \$35,202
Rumberg's Pals - \$19,394

COLUMBUS

Team Thor - \$32,640
We Mean Bizness - \$32,302
Magnum JF - \$27,525

DAYTON

Joe "Freaking" Ryan's Warriors - \$16,184
Team Jeff - \$13,729
Team Pumpkin Shiraz - \$13,362

Fundraising totals are growing every day!
Deadline for Walk Awards is November 15!
Keep your team going strong to qualify.
2023 Walk donations will be accepted
through December 31.

REMEMBERING

Cincinnati Area	Columbus Area	Dayton Area	Lima Area
Richard Evans 10-14-23	Sandy Smith 10-18-23	John Mitakides 10/23	Robert Pacha 6-22-23
Tracy Glick 10-7-23	Lisa Rizvi 10-18-23	Barry Parrett 9-29-23	
	Deborah Allen 10-7-23	Richard Phillips 9-29-23	
	Rebecca Johnson 8-23-23	Marsha Farrell 9-20-23	
	Phillip Willeke 12-27-22	Matthew Wood 9-17-23	

FOR SALE

Permobil F3 Corpus Power Wheelchair (1/24) has been a back-up chair for three years, excellent condition and looks new. Has a new battery and joystick, and only one mile of total use. Tilt seat and leg rests and seat back reclines. Seat elevation function is not programmed into chair, can supply custom wheelchair seat cushions. Asking \$600. Contact Joan: 614-442-8110, or email: jmmiller30@aol.com.

2008 Chrysler Town & Country Handicap Van (1/24) Owned since January of 2023, Purchased with 86,049 original miles on it and only driven a very few hundred miles; the mileage is still 86,000+. Excellent running condition. Van has been detailed; looks and smells great. We bought it from a family who had just lost a member to ALS. They sold it to us at a reduced cost -- paying it forward -- and that is our intention. We have \$14,000 in it and we are asking \$14,000. We are not trying to make a profit, and neither did the two previous ALS families. Please contact Russell by phone at 513-518-7537 OR email rdahlem40@yahoo.com

Permobile Corpus F3 Electric Chair (1/24) original list price was \$73,000. Never used, Chair does everything; loaded w/many features. Purchased from another family who had ALS for \$1000 .Asking price is \$1,000 for anyone who has ALS. Please Contact: Dennis for more detailed information at 419-234-2342

2009 Ford Econoline full-sized van (1/24) - Mileage is 88,500, Black & tan exterior; tan interior, Hydraulic Braunability fully automated lift; works great. We purchased this certified van from MobilityWork in February of this year for \$34,990 and only put 1200 miles on it. Works and runs great. Has full set of tie downs for a wheelchair. Asking \$27,000 or best offer – located in Lebanon, Ohio. If interested, please **Contact Kathy at 513.850.9464 or kathy.edwards08@gmail.com**.

. . . . For Sale Ads continued on page 9

FOR SALE

2017 Toyota Sienna SE VMI Northstar handicapped Accessible Van (12/23) Wheelchair accessible conversion van for ingress/egress- includes: side entry in-floor power ramp, rear passenger kneeling system, remote access to operate power sliding door/ramp/kneeling functions, interior access switches, 4-point wheelchair tie down system, EZ Lock BL-6290 Docking System. Front passenger seat included. Single owner, non-smoking, Silver exterior, leather interior, heated front seats, touch display, Bluetooth, GPS navigation, moonroof, back up camera, very clean/good condition. Selling for \$55,000 OBO

Contact Laura Trapp at letrapp27@gmail.com or 513-314-6126

2019 Permobil Corpus M3 Mobility Vehicle Electric Wheelchair (12/23) Black. \$3,000 Adjustable footrest & height, elevated legrest, flip up padded armrest, attendant joystick, reclining, tilt in space, I-drive software included, hip & elbow guards included and much, much more. **Phillips Respironic Cough Assist**—Never Used. \$1,500 Comes w/power cord/facemask/tubing.

Please Contact Lee for more product features at 419-348-5908

GoGo Scooter (12/23) excellent condition, 9 mile battery charge, newer battery, charger, basket, weighs 100 lbs but can take apart easily in 4 pieces to transport. Can support a 300-lb person. Mostly black w/some red. Pickup near Tuttle Mall. Asking \$599 also a **Wheelchair Lift** Excellent condition, Indoor or garage. Model VPL-3153B, Capacity 750 lb. Platform size 36" x 60". Platform Configuration: Enter/Exit opposite. Top Landing: Gate w/call/send mounted in frame. Travels up to 3.5 feet. Used in the garage to travel to the main level. Asking \$2900. Contact Suzie at 614-975-3385 or email suzepicker@gmail.com

MOLIFT Duo 2 Post Rails System & Air Bundle Kit (12/23) used for less than 2 weeks, Asking \$3,200 located in Putnam County. If interested, please Contact: Mary Ann at 419-234-3837

Hill ROM Care Assist ES Hospital Bed (12/23) with Prius Rhythm multi- alternating, low air loss, pressure relief system with lateral rotation-\$2,500 **Permobil F3-** midnight patriot w/ seat elevator, attendant controller, adjustable phone & iPad holders-\$2,000 **Adjustable Hospital Table**-\$50 **Combination Commode/Shower Chair**-\$200 **Wheelchair Ramp & Platform**, 2- 3 ft sections, 2- 8 ft sections, 1- 5x5 platform, and rails. Ramp has been disassembled and ready to move.. \$1,800 If interested, please Contact: Jenniffer Acton at 513-404-4123 or jacton3695@gmail.com Please leave message.

Quantum Q6 Edge powered wheelchair (12/23) with TRU-Balance, 3 power positioning. Drive wheels 14" solid, caster wheels, front and rear 6" solid. Maximum speed up to 5mph, turning radius 20". Overall length 35.5" without foot rigging, base width 24". Weight capacity 300lbs. Jay Union Cushion seating. Asking \$3,000. Free delivery within Ohio and surrounding states. For more information or photos, please Contact: Gemma Hatoum @937-689-3234 or e-mail at gh200001@hotmail.com

Invacare Hydraulic Lift Model 9805P (12/23) Comes with a body sling. 450 lbs. weight capacity. For all specs, google make & model, Asking \$400. Retail for \$580 with sling. Basically new, only used 3 times. **Invacare Tracer Sx5 Wheelchair Recliner** Brand new; never used. Has desk length arms and T94HCP hemi elevating leg rests, 18" seat width, tall back, and padded calf pads. For all specs, google make & above description, Asking \$350. Retail online for \$492. If interested in either item, please contact Tara at (740) 606-6033 or tara15935@gmail.com

Caregiver & Survivor Groups

<p>CINCINNATI CAREGIVER GROUP (current caregivers only)</p>	<p>Tuesday November 28, 2023 1:00-2:30 pm</p>	<p>Open Discussion</p>	<p>Yvonne Dressman, LSW</p>	<p>The Good Shepherd Lutheran Church 7701 Kenwood Rd Cincinnati, OH 45236</p>
<p>CENTRAL OHIO CAREGIVER GROUP (current caregivers only)</p>	<p>Monday November 20, 2023 1:00—2:30 pm</p>	<p>Planning for the Holidays</p>	<p>Carleen Hubbell, BS, MA</p>	<p><i>Attend Virtually or In-Person</i> Dempsey Family Education & Resource Center, Riverside Hospital 3535 Olentangy River Rd, Columbus 43214 https://ohiohealth.webex.com/join/dempseycenter Meeting Access Code 736 294 987 Or WebEx call-in dial: # 650-479-3208 Meeting Access Code: 736294987</p>
<p>CENTRAL OHIO SURVIVOR GROUP</p>	<p>Thursday November 16, 2023 12 noon—1:30 pm</p>	<p>A social lunch to enjoy the company of those who have experienced a loss to ALS (Lunch is on your own)</p>	<p>RSVP necessary by Friday, May 12th to Carleen Hubbell chubbell@alsohio.org</p>	<p>TEMPORARY New Venue Sunny Street Café 4733 Reed Road Columbus, OH 43220</p>
<p>CINCINNATI AREA SURVIVOR GROUP</p>	<p>Thursday November 16, 2023 6:30 pm</p>	<p>A social dinner to enjoy the company of those who have experienced a loss to ALS (Dinner on your own)</p>	<p>Host: Mary Naylor *Please RSVP to Mary Naylor at 513-891-1475</p>	<p>Slatts Pub 4858 Cooper Road Cincinnati, Ohio 45242 (Private Dining Room)</p>
<p>GREATER DAYTON IN-PERSON SURVIVORS GROUP</p>	<p>No Group This Month</p>	<p>Our Survivors Group is a social dinner to enjoy the company of friends who have experi- enced loss to ALS- to stay connected with peers & our Chapter. <i>Dinner on Your Own</i></p>	<p>Facilitators Melinda McGuire Mary Helme Claire Robbins Bob Westendorf</p>	<p>Rusty Bucket Restaurant & Tavern 2812 Miamisburg-Centerville Rd Dayton, OH 45459 We will meet in Private Room Ask for ALS Association when you arrive **Must RSVP to your area Dayton Care Coordinator**</p>

The ALS Association Central & Southern Ohio Chapter Chapter-Wide Education and Exchange Groups

DATE	TOPIC	LOG-IN/CALL-IN INFORMATION
<p>Monday November 13, 2023 6:00 pm—8:00 pm Facilitator: Yvonne Dressman</p>	<p>CINCINNATI REGIONAL AREA Information on Different Programs Our Chapter has to Offer Sage Brand, Chapter Program Coordinator</p>	<p>In-Person Support Group The Good Shepherd Lutheran Church 7701 Kenwood Rd Cincinnati, OH 45236</p>
<p>Monday November 6, 2023 6:30 pm –8:30 pm Facilitator: Carleen Hubbell</p>	<p>COLUMBUS REGIONAL AREA “Live Different Moments” Rev. Elaine J. Clinger Sturtz</p>	<p>In-Person Meeting McConnell Heart Health Center 3773 Olentangy River Road Columbus, OH 43214 Classroom 1—Main Floor</p>
<p>Monday 6:30pm—8:30 pm November 20, 2023 Facilitators: Bob Westendorf Julia Prince 3rd Monday of each month</p>	<p>GREATER DAYTON/MIAMI VALLEY REGION “Current ALS Research” Shulin Ju, PhD, Associate Professor in Biological Sciences at Wright State University</p>	<p>In-Person Location Beavercreek Christian Church 3009 Shakertown Road Beavercreek, OH 45434 (Please drive to Back of Church to park. Our room is Multipurpose Room 212 and accessible only thru back door.)</p>
<p>Monday January 22, 2024 6: 00 pm—8:00 pm</p>	<p>CHAPTERWIDE VIRTUAL T B D</p>	<p>Virtual Only Join Zoom Meeting https://zoom.us/j/93106654847 Meeting ID: 931 0665 4847 OR CALL IN . . *+1 309 205 3325 US *+1 312 625 6799 US (Chicago)</p>

REMINDERS

Monthly Chapter-Link Newsletter Mailings

The Chapter-Link is mailed to all patients who are registered with the Chapter. When individuals are no longer actively receiving services through the Chapter, they are removed from the newsletter mailing list. Former caregivers and interested parties are encouraged to continue receiving the newsletter by email. Newsletters dating back to one year from the current issue area available at <https://alsohio.org/navigating-als/resources>.

National ALS Registry – Sign Up Today

**The National ALS Registry is the single largest ALS research project ever created and is designed to identify ALS cases throughout the entire United States. ** Most important, *the Registry is collecting critical information about the disease that will improve care for people with ALS and help us learn what causes the disease, how it can be treated and even prevented* – help us find a cure, sign up today! www.cdc.gov/als

Remembering Your Loved One Through a Memorial Gift

Losing someone to ALS is something that no one wants to experience. But many, through the frustration and pain, find a way to give back and honor their loved one. Your friends and family can help continue providing services for those still living with ALS by making a donation to the Chapter in memory of their loved one. This can be done by naming the Chapter in your loved one's obituary: Memorial donations may be made to The ALS Association Central & Southern Ohio Chapter, 1170 Old Henderson Rd., Ste. 221, Columbus OH 43220. The Chapter sends thank you letters to all donors and acknowledgment to the family listing the names only (amount is not listed) of those who have made donations.

Attention Veterans

If you are a veteran with ALS or the spouse of a deceased veteran who had ALS, please contact The ALS Association Central & Southern Ohio Chapter office (614-273-2572 or toll free 866-273-2572) for information on the Veterans Administration disability compensation program. Valuable resources can also be found on the Chapter website, <https://alsohio.org/navigating-als/resources-for-military-veterans>.

ALS Information for Kids and Teens

The Central & Southern Ohio Chapter is very grateful to The Marion Community Foundation - Spencer Stephens Fund for continuing support of a program benefiting the children and teens of our PALS. The Spencer Stephens' Flamingo Backpack Project is patterned after a program created by Deborah Feigenbaum, a clinical social worker with The ALS Association Connecticut Chapter. Working from this model, the Central & Southern Ohio Chapter developed a backpack with informational and fun resources to help kids cope with a having a parent or family member with ALS. Initially designed to provide ALS resources for children ages 6 to 12 years old, the project was expanded to include a teen version of the backpack and an outreach program for children under six. If you know of children or teens who could benefit from an ALS information packet (some limitations apply), please call Chapter Care Services (866) 273- 2572. Learn more at <https://alsohio.org/resources-for-children-and-teens>.

ALS Wristbands and Magnetic Car Ribbons

The ALS wristbands are available for purchase through The ALS Association Central & Southern Ohio Chapter office. The wristbands are red silicone with "Fighting Lou Gehrig's Disease" on the outside and "The ALS Association Central & Southern Ohio Chapter" on the inside. Cost for the wristbands is \$2.00 per wristband plus postage. Magnetic "Fighting Lou Gehrig's Disease" car ribbons are also available from The ALS Association Central & Southern Ohio Chapter office. Individual magnets can be purchased for \$5.00 each. Orders of five or more are available for \$4.00/magnet plus \$4.00 shipping. For more information, call (614) 273-2572 or toll free (866) 273-2572



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Dayton
 214 Valley St.
 Dayton, OH 45404
 937-998-1716

Sharonville
 11755 Mosteller Rd.
 Sharonville, OH 45241
 513-686-1151



**PLAN FOR TOMORROW,
 LIVE FOR TODAY.**



Erik Stephens
 Financial Advisor
 513.366.3666
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Our monthly newsletter includes ads from companies that are actively involved in services to the ALS community. The Chapter is grateful to these "friends" not only for their support of The ALS Association Central & Southern Ohio Chapter, but also for the long-standing services and products that they provide to persons with ALS (PALS). We appreciate our relationship with these companies and are fortunate to have them as associates in providing quality care for PALS.



The ALS Association
Central & Southern Ohio Chapter
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